

## **American Chen Taiji Society Instructor Certification Program\***

ACTS offers four levels of instructor certification:

### **Level I. ACTS Certified Field Instructor**

Requirements:

- ② A minimum of three years of enrollment in a taiji class with an ACTS certified instructor
- ② Demonstration of competence in Wuji Qigong, Zungu Taiji Zhanzhuang with four corresponding breathing sounds, the ability to lead SRE in its complete sequence, Zungu Taiji Lao Jia First Form and/or Hunyuan Chen Taiji 48 Form and 24 Canon Fist, Zungu Taiji Lao Jia Jian or Dao set, basic taiji terms (e.g., eight energies), knowledge of Zungu Lineage, taiji history. Applicants who cannot attend these competency tests in person are required to demonstrate these competencies on video
- ② All applicants to provide video performing Zungu Taiji Lao Jia First Form as reference for improvement critiques in the future
- ② Application Form with \$200 application fee
- ② Certification to be renewed (\$100 renewal fee) every two years after showing proof in maintaining and continuing practice, education and promotion of the Zungu Taiji Lineage, including at least 6 hours of ACTS workshop attendance
- ② A written examination and demonstration of skills and knowledge to be evaluated by Master Tony Wong and other ACTS board members (e.g., Master Chen, Youze)

### **Level II. ACTS Certified Professional Instructor**

Requirements:

- ② A minimum of five years of enrollment in a taiji class with an ACTS Certified Principle Instructor and three years after maintaining the Field Instructor certification
- ② A minimum of two years teaching a paid formal class open to the public
- ② Demonstration of Competence in all skills listed in Level I Certification plus Zungu Taiji Lao Jia Er Lu, Zungu Taiji Lao Jia Spear Set, and five push-hand patterns. Applicants are required to demonstrate these competencies in person
- ② Demonstration of Continuing Quality Field Work such as observation by Master Tony Wong of teaching a class, videos of teaching a class, continuing enrollment in the advanced class, participation in taiji demonstrations or competitions, participation in workshops sponsored by ACTS
- ② Demonstration of ability to self-critique
- ② Application Form with \$200\* application fee

- Ⓜ Demonstration of Skills to be evaluated by Master Tony Wong and other ACTS board members (e.g., Master Chen, Youze)

### **Level III. ACTS Certified Principal Instructor**

Requirements:

- Ⓜ A minimum of five years after maintaining the Field Instructor certification or three years after maintaining the Professional Instructor certification
- Ⓜ Demonstration of Competence in skills listed in Level I and Level II certification plus advanced weapon sets including Zungu Taiji Lao Jia Guan Dao set, Zungu Taiji Lao Jia Double Dao set, Zungu Taiji Lao Jia Staff set, understanding of applications, understanding of differences between Lao Jia and Xin Jia. Applicants are required to demonstrate these competencies in person
- Ⓜ Demonstration of Continuing Quality Field Work such as observation by Master Tony Wong of teaching a class, videos of teaching a class, continuing enrollment in the advanced class, participation in taiji demonstrations and competitions, participation in workshops sponsored by ACTS
- Ⓜ Application Form with \$200\* application fee
- Ⓜ Demonstration of Skills to be evaluated by Master Tony Wong and other ACTS board members (e.g., Master Chen, Youze)

### **Level IV. ACTS Certified Master Instructor**

Requirements:

- Ⓜ A minimum of ten years of practicing Zungu Taiji Lao Jia system
- Ⓜ Demonstration of Competence in skills listed in Level I, Level II, and Level III certifications
- Ⓜ To be granted solely at the discretion of Master Tony Wong and other ACTS board members (e.g., Master Chen, Youze)

**\* Applicants must submit a completed Taijiquan Instructor Certification Application form to the ACTS board for review and approval. Certification will be granted after the ACTS board examines and approves the applicant's qualifications and completion of all requirements appropriate for the Instructor Level intended. Level I Certification must be renewed every two years from the date issuance by the ACTS executive board. Level II Certification must be renewed every three years from the date issuance by the ACTS executive board. Level III and Level IV Certifications are life time certification that renewal is not required.**

**DISCLAIMER: ACTS will bear no liability for certified instructors' teaching. Certified Instructor should carry his/her own liability insurance when teaching. ACTS certification does not qualify holders to offer any professional medical advice, diagnosis, or treatment. Certification issued by ACTS is intended only to establish the level and the proficiency of ACTS instructors. ACTS does not make any warranty, express or implied, with respect to the individual instructor or instructor certification. In no event shall ACTS assume any legal liability for the individual instructor or instructor certification for any direct, indirect, incidental, consequential, or punitive damages of any kind whatsoever with respect to any actions or failure to act of individual instructor or instructor certification by ACTS.**