

## **American Chen Taiji Society Instructor Certification Program**

ACTS offers four levels of instructor certification:

### **Level I. ACTS Certified Field Instructor**

Requirements:

- @ A minimum of three years of enrollment in a taiji class with an ACTS certified instructor
- @ Demonstration of competence in Wuji Qigong, Zungu Taiji Zhanzhuang with four corresponding breathing sounds, the ability to lead SRE in its complete sequence, Zungu Taiji Lao Jia 1<sup>st</sup> Form and/or Hunyuan Chen Taiji 48 Form and 24 Canon Fist, Jian or Dao set, basic taiji terms (e.g., eight energies), knowledge of Zungu Lineage, taiji history
- @ Application Form with \$200\* application fee
- @ Certification to be renewed every two years after showing proof in maintaining and continuing practice, education, and promotion of the Zungu Taiji Lineage
- @ A written examination and demonstration of skills and knowledge to be evaluated by Master Tony Wong and Grandmaster Chen, Qingzhong or his representatives (e.g., Master Chen, Youze)

### **Level II. ACTS Certified Professional Instructor**

Requirements:

- @ A minimum of five years of enrollment in a taiji class with an ACTS certified instructor or two years after maintaining the Field Instructor certification
- @ Demonstration of Competence in all skills listed in Level I Certification plus Zungu Taiji Lao Jia Er Lu, Zungu Taiji Lao Jia Spear Set, and five push-hand patterns
- @ Demonstration of Continuing Quality Field Work such as observation by Master Tony Wong of teaching a class, videos of teaching a class, continuing enrollment in the advanced class, participation in taiji demonstrations or competitions, participation in workshops sponsored by ACTS
- @ Application Form with \$200\* application fee
- @ Demonstration of Skills to be evaluated by Master Tony Wong and Grandmaster Chen, Qingzhong or his representatives (e.g., Master Chen, Youze)

### **Level III. ACTS Certified Principal Instructor**

#### Requirements:

- @ A minimum of five years after maintaining the Field Instructor certification or three years after maintaining the Professional Instructor certification
- @ Demonstration of Competence in skills listed in Level I and Level II certification plus advanced weapon sets including Zungu Taiji Lao Jia Guan Dao set, Zungu Taiji Lao Jia Double Dao set, Zungu Taiji Lao Jia Staff set, understanding of applications, understanding of differences between Lao Jia and Xin Jia
- @ Demonstration of Continuing Quality Field Work such as observation by Master Tony Wong of teaching a class, videos of teaching a class, continuing enrollment in the advanced class, participation in taiji demonstrations or competitions, participation in workshops sponsored by ACTS
- @ Application Form with \$200\* application fee
- @ Demonstration of Skills to be evaluated by Master Tony Wong and Grandmaster Chen, Qingzhong or his representatives (e.g., Master Chen, Youze)

### **Level IV. ACTS Certified Master Instructor**

#### Requirements:

- @ A minimum of ten years of practicing Zungu Taiji Lao Jia system
- @ Demonstration of Competence in skills listed in Level I, Level II, and Level III certification
- @ To be granted solely at the discretion of Master Tony Wong and Grandmaster Chen, Qingzhong or his representatives (e.g., Master Chen, Youze)

\*\$100 will be donated to Grandmaster Chen, Qingzhou's Taiji School in China and \$100 will be utilized to provide funding for sponsoring taiji workshops or scholarships.